

Dr. MERT ERSAN, MD, FEBOPRAS

Plastic, Reconstructive and Aesthetic Surgery Specialist

Assistant Professor — Yeditepe University, Istanbul

Email: drmertersan@gmail.com • opdrmertersan@gmail.com

Location: Kadıköy, Istanbul, Turkey

PROFESSIONAL PROFILE

Board-certified Plastic, Reconstructive and Aesthetic Surgeon and Fellow of the European Board of Plastic, Reconstructive and Aesthetic Surgery (FEBOPRAS). Assistant Professor at Yeditepe University with international fellowship training in the Netherlands (ISAPS) and observership in the United States. Author of multiple peer-reviewed publications in international journals, ISAPS Olympiad Silver Medal recipient, book editor, and academic editor at the Journal of Cosmetic Dermatology (Wiley). Active clinical and research focus on aesthetic breast surgery, rhinoplasty, facial rejuvenation, regenerative medicine, and 3D simulation technologies in surgery.

EDUCATION & TRAINING

Observership — Dr. Ozan Sozer <i>El Paso Cosmetic Surgery, El Paso, Texas, USA</i>	Nov 2024 - Feb 2025
ISAPS Fellowship <i>The Velthuis Private Clinic, Rotterdam, Netherlands</i> <i>Under supervision of Dr. Stevens and Dr. Van der Meulen</i>	Feb - May 2022
Residency in Plastic, Reconstructive and Aesthetic Surgery <i>Ankara University School of Medicine, Ankara, Turkey</i>	Aug 2015 - May 2021
Doctor of Medicine (MD) <i>Hacettepe University Faculty of Medicine, Ankara, Turkey</i>	2008 - 2014
High School <i>Aydin Science High School, Aydin, Turkey</i>	2004 - 2008

PROFESSIONAL EXPERIENCE

Assistant Professor — Plastic, Reconstructive and Aesthetic Surgery <i>Yeditepe University, Kozyatağı Hospital, Istanbul, Turkey</i>	Nov 2023 - Present
Specialist — Plastic, Reconstructive and Aesthetic Surgery <i>Yeditepe University, Istanbul, Turkey</i>	Apr 2023 - Oct 2023
Specialist — Plastic, Reconstructive and Aesthetic Surgery <i>Yozgat State Hospital, Yozgat, Turkey</i>	May 2021 - Apr 2023
Resident Physician — Plastic, Reconstructive and Aesthetic Surgery <i>Ankara University School of Medicine, Ankara, Turkey</i>	Aug 2015 - May 2021
General Practitioner & Emergency Physician <i>İzmir Kiraz State Hospital, İzmir, Turkey</i>	Sep 2014 - Jul 2015

HONORS & AWARDS

- Silver Medal — Breast Surgery Category**, Rapid-Fire Communication, ISAPS (International Society of Aesthetic Plastic Surgery) Olympiad World Congress

BOARD CERTIFICATION & KEY CREDENTIALS

- FEBOPRAS** — Fellow of the European Board of Plastic, Reconstructive and Aesthetic Surgery (2021)

- **ISAPS Fellowship** — The Velthuis Private Clinic, Rotterdam, Netherlands (2022)
- **YEGEP** — Yeditepe University Faculty of Medicine Educator Development Program, Basic Level (2024)
- **Laboratory Animal Research Certificate** — Ankara University (2016)
- **Basic Microsurgery Course** — Turkish Society for Reconstructive Microsurgery, Ankara

EDITORIAL POSITIONS

- **Academic Editor** — Journal of Cosmetic Dermatology (Wiley), 2026 - Present
- **Book Editor** — *Basic Rhinoplasty for Residents*, Vizetek Publishing, 2026
ISBN: 978-625-382-212-5 • DOI: 10.54637/vizetek.9786253822132

SELECTED INTERNATIONAL PUBLICATIONS (PEER-REVIEWED)

Author name in bold indicates Dr. Mert Ersan.

1. **Ersan M**, Demirbaşoğlu H, Kolcu B, Yıldız HA. The impact of three-dimensional simulation and virtual reality technologies on surgical decision-making and postoperative satisfaction in aesthetic surgery: a preliminary study. *Comput Assist Surg (Abingdon)*. 2026 Jan. doi:10.1080/24699322.2026.2614532. PMID: 41518093.
2. Sozer O, **Ersan M**, Kachare MD, Cakmakoglu C, Sibar S, Rojas E. Extended gliding brow lift: an effective solution for brow and periorbital rejuvenation. *Plast Reconstr Surg*. 2026. doi:10.1097/PRS.00000000000012611.
3. Sozer O, **Ersan M**, Sibar S, Kachare MD, Cakmakoglu C. An innovative approach to chin ptosis correction with surgical net. *Aesthetic Plast Surg*. 2025 Aug. doi:10.1007/s00266-025-04784-1. PMID: 40064646.
4. Sozer O, **Ersan M**, Cakmakoglu C, Kachare MD, Sibar S. Glidelift: no visible scar approach to periorbital rejuvenation. *Aesthetic Plast Surg*. 2025 Oct. doi:10.1007/s00266-025-05303-y. PMID: 41062668.
5. Demirel M, **Ersan M**. The Chestnut Technique: a novel approach to enhancing implant stability in breast augmentation. *Aesthetic Plast Surg*. 2025 Jul. doi:10.1007/s00266-025-05062-w. PMID: 40624369.
6. Özer E, Özkan AÇ, **Ersan M**, Bingöl UA, Aru B, Yıldırım Ş, et al. New wrapping biomaterial alternatives for fascia in diced cartilage grafts: a comparative study on viability and stability. *Aesthetic Plast Surg*. 2025. doi:10.1007/s00266-025-04770-7.
7. **Ersan M**. Reply to the comment on "Effectiveness of Exosome Treatment in Androgenetic Alopecia: Outcomes of A Prospective Study". *Aesthetic Plast Surg*. 2025. doi:10.1007/s00266-025-04757-4.
8. **Ersan M**, Kaya B, Özdemir A, Işık Z, Tunç AS, Mamuk S, Durdurur A, Gültan SM, Ergün H. The effect of taurine on flap perfusion and viability in random pattern flaps in rats. *Injury*. 2023. doi:10.1016/j.injury.2023.05.022.
9. **Ersan M**, Özer E, Akin O, Taşlı PN, Şahin F. Effectiveness of exosome treatment in androgenetic alopecia: outcomes of a prospective study. *Aesthetic Plast Surg*. 2024 Aug. doi:10.1007/s00266-024-04332-3.
10. **Ersan M**, Kaya B, Özdemir A, Durdurur Çin A, Ergün H. Challenges in flap monitoring with indocyanine green angiography in experimental models. *Heliyon*. 2024 Aug;10(16):e36034. doi:10.1016/j.heliyon.2024.e36034. PMID: 39262978.
11. **Ersan M**, Özdemir A, Gültan SM. Silent sinus syndrome after rhinoplasty: a case report. *Case Reports in Plastic Surgery and Hand Surgery*. 2020;7(1). doi:10.1080/23320885.2020.1788947.

NATIONAL PUBLICATIONS (PEER-REVIEWED)

1. **Ersan M**, Yıldız HA. Detection of the superior perforator with Doppler ultrasonography in superomedial pedicle reduction mammoplasty: a retrospective evaluation of vascular safety. *Eur J Breast Health*. 2025 Dec. doi:10.4274/ejbh.galenos.2025.2025-9-8. PMID: 41447663.
2. **Ersan M**, Yavuz E. Proactive fat grafting from the breast area in gynecomastia surgery: impact on the prevention of contour irregularities and patient satisfaction. *Turk J Surg*. 2025 Dec. doi:10.47717/turkjsurg.2025.2025-6-14. PMID: 41121676.
3. Özdemir A, **Ersan M**, Serel S. Primary muscular cystic echinococcosis disease: a case report and review of the literature. *Ankara Univ Tıp Fak Mecm*. 2024;77(2):227-230. doi:10.4274/atfm.galenos.2024.80217.

BOOKS & BOOK CHAPTERS

- **Editor** — *Basic Rhinoplasty for Residents*. Vizetek Publishing, 2026. ISBN: 978-625-382-212-5. DOI: 10.54637/vizetek.9786253822132.
- **Chapter Author** — "Stem Cell Applications in Plastic Surgery", in *Innovative Approaches in Surgical Sciences*. Duvar Publishing, 2023. ISBN: 978-625-6507-66-1.
- **Chapter Author** — "Rhinoplasty", in *Innovative Approaches in Surgical Sciences*. Duvar Publishing, 2023. ISBN: 978-625-6507-66-1.
- **Chapter Translator** — "Lower Extremity, Foot and Ankle Reconstruction" (Ch. 96), in *Grabb & Smith's Plastic Surgery*, 8th Edition. Güneş Medical Bookstores, 2024. ISBN: 978-975-277-973-0.
- **Chapter Translator** — "Body Contouring with Thread Lifts and Fat Grafting" (Ch. 18), in *Minimally Invasive Aesthetic Surgery Techniques*. Anadolu Publishing House, 2024.

INTERNATIONAL CONFERENCE PRESENTATIONS

- **Recognizing the Therapeutic Potential of Exosomes in Plastic Surgery Applications**. ISAPS World Congress, Cartagena, Colombia, June 2024.
- **Evaluating Preoperative PECS I Block and Intraoperative Local Anesthetic Infiltration for Postoperative Pain in Breast Augmentation: A Prospective, Double-Blind, Split-Body Study**. ISAPS Olympiad World Congress, Singapore, June 2025.
- **Evaluation of Nasal Anthropometric Measurements in Turkish Patients Seeking Rhinoplasty**. ISAPS Olympiad World Congress, Singapore, June 2025.
- **Evaluation of the Effects of 3D Simulation Applications on Patient Satisfaction in Breast and Rhinoplasty Surgeries**. ISAPS Olympiad World Congress, Singapore, June 2025.
- **New Biomaterial Alternatives for Diced Cartilage Fascia Grafts**. ISAPS World Congress, Cartagena, Colombia, June 2024 (co-author).
- **Rare Complication After Rhinoplasty: Silent Sinus Syndrome** (Poster). ISAPS World Congress, Cartagena, Colombia, June 2024.

SELECTED NATIONAL PRESENTATIONS

- **Preoperative Identification of the Pedicle Using CT Angiography in Secondary Breast Reduction Surgery with an Unknown Primary Pedicle: A Case Report**. 19th International Medical and Health Sciences Research Congress, Ankara, July 2025.
- **Evaluation of Nasal Anthropometric Measurements in Turkish Patients Seeking Rhinoplasty**. Turkish Society of PRAS, 47th National Congress, Antalya, 2025.
- **Proactive Fat Grafting from the Breast Area in Gynecomastia Surgery**. Turkish Society of PRAS, 47th National Congress, Antalya, 2025.
- **Comparison of Vancouver Scar Scale and High-Frequency Ultrasound in the Evaluation of Scar Healing after Traumatic Forearm Lacerations**. Turkish Society of PRAS, 47th National Congress, Antalya, 2025.
- **The Effect of Taurine on Flap Perfusion and Viability in Random Pattern Flaps in Rats**. Turkish Society of PRAS, 45th National Congress, Ankara, 2023.
- **A Rare Complication After Rhinoplasty: Silent Sinus Syndrome**. Turkish Society of PRAS, 45th National Congress, Ankara, 2023.
- **Recognizing the Therapeutic Potential of Exosomes in Plastic Surgery**. 13th International Medicine and Health Sciences Research Congress, Ankara, 2023.

INVITED TALKS & SESSION CHAIRMANSHIPS

Invited Speeches

- **Waterfall Deformity in the Submuscular Plane** — Turkish Society of Aesthetic Plastic Surgery, 30th National Congress, Istanbul, January 2026.

- **Use of Surgical Net in Facial Aesthetics** — Turkish Society of PRAS, 47th National Congress, Antalya, 2025.
- **Use of Surgical Net in Facial Aesthetics** — XVIII. Rhinoplasty & XI. Facial Aesthetics Course and Fresh Cadaver Course, Istanbul, 2025.
- **Therapeutic Potential of Exosomes in Aesthetic Medicine** — EURASIAN Non-Surgical Days, Istanbul, 2023.
- **Recognizing the Therapeutic Potential of Exosomes in Plastic Surgery** — 12th BAPRAS Congress, Konya, 2023.

Session Chairmanships

- Chair — Rhinoplasty Session, 15th EURASIAN Aesthetic Plastic Surgery Congress, Istanbul, 2025.
- Chair — Medical Tourism Session, 28th National Congress of Turkish Society of Aesthetic Plastic Surgery, Istanbul, 2024.
- Chair — Breast Reconstruction Session, Turkish Society of PRAS 45th National Congress, Ankara, 2023.
- Chair — Aesthetic Breast Session, 12th BAPRAS Congress, Konya, 2023.
- Chair of Residents and Fellows, ISAPS World Congress, Istanbul, 2022.

THESIS SUPERVISION

- **Dr. Emre Özer** — Yeditepe University, Plastic, Reconstructive and Aesthetic Surgery Specialty Thesis: "New Biomaterial Alternatives for Diced Cartilage Fascia Grafts."

PROFESSIONAL MEMBERSHIPS

- International Society of Aesthetic Plastic Surgery (**ISAPS**)
- The Rhinoplasty Society of Europe (**RSE**)
- Turkish Society of Plastic, Reconstructive and Aesthetic Surgery
- Turkish Society of Aesthetic Plastic Surgery
- Istanbul Medical Chamber

LANGUAGES

- **Turkish** — Native
- **English** — Fluent (e-YDS 2023/3, Level A — Score: 91.25)

CONTINUING MEDICAL EDUCATION — SELECTED COURSES & CONGRESSES

Selected from over 30 certified courses and international congresses; full list available on request.

- Turkish Society of PRAS & TSAPS, V. Non-Surgical Aesthetic Procedures School, Istanbul, April 2026.
- Turkish Society of Aesthetic Plastic Surgery, 30th National Congress, Istanbul, January 2026.
- Turkish Society of PRAS, 47th National Congress, Antalya, October 2025.
- AICPE "Beyond the Face — Advancing Techniques" Live Surgery Course, Naples, Italy, September 2025.
- ISAPS Olympiad World Congress, Singapore, June 2025.
- 15th EURASIAN Aesthetic Plastic Surgery Congress, Istanbul, 2025.
- Face & Breast International Symposium & Cadaver Dissection and Live Surgery Course, Istanbul, October 2024.
- ISAPS World Congress, Cartagena, Colombia, June 2024.
- 12th BAPRAS Congress, Konya, Turkey, 2023.
- ISAPS Olympiad, Athens, Greece, 2023.
- ISAPS World Congress, Istanbul, 2022.